

Dear members,

A warm welcome to our Spring Newsletter! 2019 is set to be a busy year, once again.

Read on to find out what we've been up to and what exciting plans we have for spring through to summer!

RECENT ACTIVITY

SCIENCE CENTRE DAY OUT

We had another successful day out at the Glasgow Science Centre. With an excellent turnout of 80 of us; enjoying meeting and eating together and having fun. It was great to see everybody and to welcome new families into our ever-growing heart community.



UPCOMING EVENTS AND INFORMATION

TEEN EVENT

Due to the success of the September teen day out, committee members Lesley and Pauline have planned another to Hollywood Bowl, Showcase Leisure Park, Coatbridge. We would love for you to join us this Sunday 17th March 2019 at 1-3pm for a couple of games of bowling (with lunch included).

Parents are welcome to stay and have a cuppa in the cafe but please note this one's just for our heart teens.

There is no charge to attend this event but places must be booked in advance.

If you have a teen aged 12-19 and wish to join the gang, please RSVP to teens.sachd@gmail.com to book a space or to find out more information.

If you are unable to make it along this time but would like to know more about future teen events please get in touch.



EASTER CRAFT DAY

Join us for our Easter Craft Day on Sunday 14th April in the X-ray area on the ground floor of the Glasgow Children's Hospital from 2-4pm!

As well as the chance to catch up with friends and meet new families we will also provide tea, sandwiches and cake.

To make sure we have enough to go around please rsvp to sachdevents@gmail.com if you are able to make it along for some Easter fun.

However, if you are currently an inpatient please feel free to pop along as and when you can.

We look forward to seeing you.

ABERDEEN EASTER PARTY

Lisa Simons will be holding an SACHD Easter Party also on Sunday 14th March at Kincorth Community Centre, from 1-3pm. If you wish to attend or require more information please email Lisa on lisa.ba@btinternet.com



EASTER FAYRE

You will find us in the Atrium of the Children's Hospital, on Tuesday 16th April where our Easter stall will be selling lots of Easter goodies. If you are an inpatient or at clinic please drop by to say hello. We'd love to see you!

FAMILY WEEKEND

This year's annual family weekend to Pitlochry will take place on 10-12th May. We will have a fun packed weekend of activities as usual of swimming, bikes, and walks. If you have applied for a space you can expect to hear from the organisers, Caroline and Lesley very soon.

Glasgow AGM

The Glasgow AGM will be held in The Glasgow Children's Hospital on Saturday 30th March 2019 at 1pm at: Please feel free to join us or pop along for a cuppa and a chat.

Millport Family Fun Day & Sponsored Cycle

This year's annual Millport Family fun day will take place on Saturday the 1st of June. Please join us for the optional sponsored cycle or just for fun around the Isle of Cumbrae. Afterwards, meet up with everyone for a bbq & picnic at the Tavern and some crazy golf.

More details to follow...

SACHD CARAVAN

Bookings for the caravan are open and filling up fast!

Our 3 bedroom caravan is fully equipped to a very high standard and is situated near picturesque Pitlochry in the heart of Scotland. Please use the following link to view availability or to find out more about the caravan and how to book:

<http://www.youngheart.info/holiday-breaks/holiday-caravan.aspx>

Please note that during school holiday periods priority will be given to families with school age children

FUNDRAISING

♥️📧 **We would like to take this opportunity to say thank you to all of our fundraisers!** ♥️📧

SACHD is volunteer run, meaning we are able to keep expenses to an absolute minimum and direct money where it best benefits children and families.

If you are fundraising for us this year, let us know and we will promote your good deed in our newsletter and on social media.

We take great pride in providing much needed resources to the Glasgow Children's hospital that are currently not available via the NHS; such as essential specialised equipment for cardiology, INR machines for warfarin patients, Heartline books, beads of courage, days out and respite breaks for families, plus so much more. We couldn't do any of this without you! Thank you from the bottom of our hearts!

Best wishes from SACHD

Glasgow Branch contacts:

Chair: Lesley Kinnear, sachdevents@gmail.com

Vice Chair: Caroline Aitken, sachdevents@gmail.com

Treasurer: John Fegan, chairman@youngheart.info

Secretary: Joelle Miller, secretary@youngheart.info

And you can always get in touch with us via the [SACHD Facebook page](#) or [Twitter](#)